Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A	ugus	st 202	24	10:00 Urland Luth Church (Community Room) 11:00 Exercises (Community Room) 2:00 Bus:CF Family Dollar (See Sign-up Sheet) 5:30 Farkle (Dining Rm)	9-12 Med Bus Runs (Sign up 24 hrs previous) 10: Good Neighbors(Com Rm) 9:10 Catholic Communion (Community Room) 11:00 ExercisesEvie (Community Room) 2:00 Happy Hr Dan & Lora (Dining Room)	Resident Led: 2:00 Hand & Foot Cards (Dining Room) 3:00 Mary Downing leads Bible Study (Community Room) Dolores Hegard
Today will never come again; be a blessing; be a friend. Marlene Ulrich	9-12 Med Bus Runs 5 (Sign up 24 hrs previous) Becky one to one visits 11:00 Exercises-Cindy 2:00 Dominoes (<i>Din Rm</i>) 2:15 Country Drive Bus (See sign up sheet) Jean Barsness	10:00 Pastor Berglund 6 (Community Room) 11:00 Exercises -Becky (Community Room) 2:00 Carrot Cake Cookies (Dining Room) 5:30 Farkle (Dining Room)	9:00 Bus to Family Fare 7 9:30 People's Bible Study (Community Room) 11:00 ExercisesCindy (Community Room) 2:00 Bingo(Dining Rm) 3:00 Quilting(Comm Rm)	10:00 Vasa Luth Church (Community Room) 11:00 Exercises (Community Room) 2:00 Bus: Rivertown Treasur Hstns(See Sign-up Sheet) 5:30 Farkle (Dining Rm)	9-12 Med Bus Runs 9 (Sign up 24 hrs previous) 10:00 Good Neighbors 11:00 Catholic Mass (Community Room) 2:00 Happy Hour Kim Cote (Dining Room)	Resident Led: 2:00 Hand & Foot Cards (Dining Room) 3:00 Mary Downing leads Bible Study (Community Room)
Encourage someone; take time to care; let your words heal, not wound.	9-12 Med Bus Runs 12 (Sign up 24 hrs previous) Becky one to one visits 11:00 Exercises-Cindy 2:00 Dominoes (<i>Din Rm</i>) 2:15 Country Drive Bus (See sign up sheet)	10:00 Easy Art: Rooster! 13 (Craft Room) 11:00 Exercises -Becky (Community Room) 2:00 Instant Pot Apple Crisp (Dining Room) 5:30 Farkle (Dining Room) Judy Hable	9:00 Bus to Family Fare 14 9:30 People's Bible Study (Community Room) 11:00 ExercisesCindy (Community Room) 2:00 Bingo(Dining Rm) 3:00 Quilting(Comm Rm)	10:00 Riverwood 15 Community Church (Community Room) 11:00 Exercises (Community Room) 2:00 Bus: Wise Penny-RW (See Sign-up Sheet) 5:30 Farkle (Dining Rm)	9-12 Med Bus Runs (Sign up 24 hrs previous) 10: Good Neighbors(ComRm) 9:10 Catholic Communion (Community Room) 11:00 Exercises (Community Room) 2:00 Happy Hour Jim Weissgerber (Din Rm)	Resident Led: 2:00 Hand & Foot Cards (Dining Room) 3:00 Mary Downing leads Bible Study (Community Room) Mary Downing
When life throws you a rainy day, play in the puddlesPooh Bear	(Sign up 24 hrs previous) Becky one to one visits 11:00 Exercises-Cindy 2:00 Dominoes (<i>Din Rm</i>) 2:15 Country Drive Bus (See sign up sheet)	(on 4th Floor) 10-11:30 CAR SHOW! 11:00 Exercises -Becky (Community Room) 2:00 7 Layer Bars (Dining Rm) 5:30 Farkle (Dining Room) Lois Wenker	9:00 Bus to Family Fare 21 9:30 People's Bible Study (Community Room) 11:00 ExercisesCindy (Community Room) 2:00 Bingo(Dining Rm) 3:00 Quilting(Comm Rm)	Lutheran Church (Community Room) 11:00 Exercises (Community Room) 2:00 Town Hall Meeting (See Sign-up Sheet) 5:30 Farkle (Dining Rm) Milly Ohnstad	(Sign up 24 hrs previous) 9:10 Catholic Communion 10: Good Neighbors (ComR 11:00 ExercisesEvie (Community Room) 2:00 Happy Hour Randy Randy Rolloff (Din Rm) Jean Leese	10:00 Ice Cream & Songs24 Bethel's Rock Church (Dining Room) Resident Led: 2:00 Hand & Foot Cards (Dining Room) 3:00 Mary Downing leads Bible Study (Community Room)
Accept what is Let go of what was Have faith in what will be.	9-12 Med Bus Runs 26 (Sign up 24 hrs previous) Becky one to one visits 11:00 Exercises-Cindy 2:00 Dominoes (<i>Din Rm</i>) 2:15 Country Drive Bus (See sign up sheet)	11:00 Exercises -Becky (Community Room) 2:00 Pour Painting (Dining Room)	9:00 Bus to Family Fare 28 9:30 People's Bible Study (Community Room) 11:00 ExercisesCindy (Community Room) 2:00 Bingo(Dining Rm) 3:00 Quilting(Comm Rm)	10:00 St Ansgar's 29 Lutheran Church (Community Room) 11:00 Exercises (Community Room) 2:00 Clothes Closet-Nthfld (Community Room) 5:30 Farkle (Dining Rm)	9-12 Med Bus Runs Free Table (Dining Rm) 9:10 Catholic Communion (Community Room) 10: Good Neighbors(ComRm) 11:00 Exercises (Community Room) 2:00 Happy Hour Gary Froiland (Din Rm)	Resident Led: 2:00 Hand & Foot Cards (Dining Room) 3:00 Mary Downing leads Bible Study (Community Room)
Cannon Rivers Senior Living Independent Living/Assisted Living Activities Activities may be subject to change without notice. Refer to Daily Sheets (Updated: 7/30)						